

The screenshot shows the Health Net website with several annotations. A blue arrow points from the text 'Enter your user name and password or' to the '1. USER NAME' input field. Another blue arrow points from the text 'Click on Register Now to create a user name and password if you don't have one' to the 'Register Now' button. A third blue arrow points from the text 'Click on County of San Bernardino' to the 'Choose your web site' dropdown menu. The website layout includes a header with the Health Net logo, a navigation bar with links for Medicare Coverage, Pearl - Private Fee-For-Service, and View Our Other Medicare Plans. The main content area features a large image of a couple wearing helmets, a login section with fields for user name and password, and a 'Start Here' section with links to Find a Doctor or Hospital, View Pharmacy Information, See Our Plans, and Enroll Now. The footer contains links for Health Net Associates, Careers, Suppliers, Privacy, Terms of Use, Medical Policies, Contact Us, and Secure Messaging.

**Health Net**  
A Better Decision

**MEDICARE COVERAGE** Pearl – Private Fee-For-Service [View Our Other Medicare Plans](#)

[Members](#) [Providers](#)

**Member** Employer Broker Provider

Log in to access plan information, explore treatment options, and compare hospitals. [En Español](#)

1. USER NAME [Forgot user name?](#)

2. PASSWORD [Forgot password?](#)

[Log In](#)

Register to get — co-pay, drug info, Member discounts, ID cards and more!

[Register Now](#)

[Tour the Member web site](#)

**Start Here**

Welcome to Health Net.  
We're working hard to make health care work for you with easy-to-use online features.

[Find a Doctor or Hospital](#)

[View Pharmacy Information](#)

[See Our Plans](#)

[Enroll Now](#)

**Other Health Net Websites**

- [Medicare Information](#)
- [Health Net Federal Services](#)
- [MHN](#)
- [Health Net Dental](#)
- [Investor Relations](#)
- [Newsroom](#)

**Custom Employer Websites**

Choose your web site

**Looking for Health Coverage?**

- [Get an Individual and Family Plan Quote](#)
- [Pay your Individual and Family Plan Bill Online](#)

Health Net Associates Careers Suppliers Privacy Terms of Use Medical Policies Contact Us Secure Messaging

Enter your user  
name and  
password or

Click on Register  
Now to create a  
user name and  
password if you  
don't have one

Click on County  
of San  
Bernardino

# Personalized Member Home Page

**Health Net<sup>®</sup>**  
A Better Decision

My Health Net [edit](#) [logout](#) [En Español](#)

Plan type  
[Health Net](#)

Primary Care Physician

Plan Details  
Office visit co-pay  
[View recommended drug list](#)

[My Information Page](#)

**SEE MY PLAN** ▶

**VIEW PRESCRIPTION COVERAGE** ▶

**DECISION POWER<sup>SM</sup> HEALTH AND WELLNESS** ▶

**GET THINGS DONE** ▶

[DOCTOR SEARCH](#)

**SEE MY PLAN**  
Everything you need to know about your benefits.

- [Coverage Information](#)
- [Prior Authorizations](#)

**VIEW PRESCRIPTION COVERAGE**  
Access your pharmacy benefits or locate a pharmacy.

- [Copay Amounts](#)
- [Find a pharmacy](#)
- [Your Drug List](#)
- [FAQ](#)
- [>>more](#)

**DECISION POWER<sup>SM</sup> HEALTH AND WELLNESS**  
Get one-on-one support and the tools you need to make informed health care decisions.

- [Decision Power Health and Wellness](#)
- [Health Risk Questionnaire](#)
- [Talk to a Health Coach](#)
- [Preventive Care Guidelines](#)
- [Treatment Cost Estimator](#)
- [Compare hospitals](#)
- [Antibiotic Awareness](#)
- [Member Discounts](#)

**GET THINGS DONE**  
Do the paperwork without lifting a pen. It's all right here.

- [Change Primary Care Physician](#)
- [Order ID cards](#)
- [Print Temporary ID cards](#)
- [Manage My Account](#)
- [File a grievance](#)
- [>>more](#)

**Click here to be redirected to the Decision Power Health and Wellness portal**

# Decision Power Health and Wellness

SEE MY PLAN

VIEW PRESCRIPTION COVERAGE

DECISION POWER™ HEALTH AND WELLNESS

Get Decision Support

Talk To A Health Coach

Preventive Guidelines

Health Encyclopedia

Treatment Cost Estimator

Compare Medical Groups

Compare Hospitals

Member Discounts

GET THINGS DONE

DOCTOR SEARCH

Home

Medication Center

Condition Centers

Living Healthy

**Decision Power: Health in Balance**  
Decision Power brings together the information, resources and personal support that fit you, your health and your life. Whether you're focused on staying fit, dealing with back pain or facing a serious diagnosis, we're here to help you work with your doctor and make informed decisions.

Welcome,

My Health Guide

Recommendations based on your health profile:

Getting Started

[Take The Women's Health Assessment](#)  
[Visit The Skin Health Center](#)  
[Take The Men's Infertility Assessment](#)  
[Hay Fever](#)  
[Allergy](#)

News For You

[Relief for Allergies in the Great Outdoors](#)  

Got allergies? Here are tips to help reduce your exposure to grasses, pollens and other allergens -- and still enjoy the outdoors.

In Focus - WebMD®

How Much Exercise Do You Really Need?

How much exercise do you really need to see benefits, and what types of exercises are best? Learn how even a little bit of exercise can make you healthier.

[See Full Article](#)

My Message Center

You have 0 new messages.

Decision Power

Strive for **Balance** with [Decision Power](#) for Weight Management.

Nourish your body with [Decision Power](#) for Balanced Nutrition.

Quitting Matters for your health, use [Decision Power](#) for Smoking Cessation.

Take Action

Assess My Health

[Health Risk Questionnaire](#)  
[Condition Centers](#)  
[Mini Quizzes](#)

Improve My Health

[Fitness - LEAP](#)  
[Nutrition](#)  
[Stop Smoking](#)  
[Pregnancy](#)  
[Weight](#)  
[Lifestyle Centers](#)

My Records

[Health Record](#)  
[Child Health](#)  
[Track My Health](#)

Click here to complete the Health Risk Questionnaire

# Health Risk Questionnaire. Follow prompts

SEE MY PLAN ▶

VIEW PRESCRIPTION COVERAGE ▶

DECISION POWER™ HEALTH AND WELLNESS ▼

▶ Get Decision Support  
 ▶ Talk To A Health Coach  
 ▶ Preventive Guidelines  
 ▶ Health Encyclopedia  
 ▶ Treatment Cost Estimator  
 ▶ Compare Medical Groups  
 ▶ Compare Hospitals  
 ▶ Member Discounts

GET THINGS DONE ▶


DOCTOR SEARCH

Home

Medication Center

Condition Centers ▼


Living Healthy ▼




## WebMD Health Risk Questionnaire

Whether you think you're perfectly healthy or know you have a few areas you can work on, taking Health Risk Questionnaire may be the smartest thing you can do for your health.

Your privacy in taking this assessment is something we take very seriously. Please see our [privacy policy](#) for details on how we protect you.

 **Secure Messages** ([0 new](#))

Who are you taking this questionnaire for?

☒ 

☐ Someone Else...

## What is Health Risk Questionnaire?

Health Risk Questionnaire is a health risk assessment tool that helps you uncover potential health risks and recommends positive steps to control your specific health risks.

[About this tool](#)

## Why Take Health Risk Questionnaire?

Many health risks don't make you feel bad until you are well on your way to a serious problem. That is why measuring your potential risks is important. If you find out you are at risk and receive the proper guidance on how to minimize those risks, you can actually take steps to avoid developing health conditions such as heart disease, diabetes, and stroke.

Taking Health Risk Questionnaire requires only about 15 minutes, and it can make a huge difference in your life. Once you've answered all of the questions, you will receive an easy-to-understand report. It will outline your specific risk levels for a variety of health conditions and common risk factors, like weight and blood pressure, along with providing an



# Health Risk Questionnaire this will be your score at the end

VIEW PRESCRIPTION COVERAGE

DECISION POWER<sup>SM</sup> HEALTH AND WELLNESS

Get Decision Support

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Member Discounts


GET THINGS DONE

DOCTOR SEARCH



## WebMD Health Risk Questionnaire

**WebMD Health Risk Questionnaire: Summary**  
Now that you have your HRQ score, you can see how it compares to your peers. If your score could use some improvement, explore the fun, interactive tools below to see what actions will have the most impact on raising your score and improving your health.

 **Secure Messages** (0 new)

### Your HRQ Score

86

out of 100  
previous score: 89

based upon your answers, your calculated HRQ score is 86, compared to your peer average of 86. Click the check boxes below or use the **'Improve Your Score'** sliders to see how simply improving nutrition can impact your overall score, as well as your risk of developing certain health conditions.

☐ Eat a healthier diet.
 ☐ Decrease your stress.

### Improve Your Score

Below are some of your key modifiable risk factors. Use the sliders to see how changing your behavior can change your risks of certain conditions.

Highest Risk

Medium Risk

Lowest Risk

High Risk

High Risk

High Risk

High Risk

[How does this tool work?](#)

The changes you make to the risk factors to the left will affect your risk of these conditions:

Breast cancer	<div></div>
Heart disease	<div></div>
Colon cancer	<div></div>
Chronic lung conditions	<div></div>

Take HRQ Now

HRQ Summary

Risk Reports

Condition Reports

Physician Summary

Health Care Costs

Print or Fax Report